VOYER CLAFS

68<sup>th</sup> PROVIDENCE POLICE TRAINING ACADEMY

# **DEFENSIVE TACTICS / OFFICER SURVIVAL**

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#### **Content:**

The following syllabus contains the *basic categories* of which will be taught to the recruit class of the 68<sup>th</sup> Providence Police Training Academy. Material contained herein will be explained and in some cases demonstrated to the recruits who in-turn will be tested on the knowledge they retained by providing a written exam as well as having their performance evaluated by their instructor. Recruits will also be tested on both their knowledge and their ability to perform during their scenario-based evaluations. During such evaluations the recruits will have to show their adeptness in their composure, attention to detail and performance in their decision-making skills.

A lesson plan will follow this syllabus; this lesson plan will be more detailed as to the day-to-day teachings, questions, topics and any new training philosophies that may arise during the process of training. Current Department Rules / Regulations and General Orders as well as those that will be written and or changed during the training period will also be noted in the lesson plan.

The contents of this syllabus and lesson plan is not intended to be written as a direct order of teaching or a stand alone presentation. The content of this syllabus is a guideline for the instructor to reference for an order of the presentation(s). The lesson plan will be written to keep the history of what was taught and when.

# **Courses**

Introduction to Defensive Tactics	
Psychological Understanding of Police Defensive Tactics	
Officers Variable Force Options (Continuum)	
Suspects Variable Force Options (Continuum)	
Use of Force Considerations	
Department Rules and Regs / General Orders	13.2.25
Safety Rules for Individual / Class Participation	
Officer Body Movements / Center / Extension	
Pressure Points	
Come-Along	13.2.13 - C
Handcuffing	13.2.3 thru 13.2.9
Takedowns	13.2.13 - B
Empty Hand Strikes / Blocks / Pare	13.2.10,11,13D
Expandable Baton	13.2.18 - 21
Oleoresin Capsicum Spray	13.2.23
Searching Subjects	13.2.1&2 - 13.2.24
Single Officer Techniques / Multiple Officer Techniques	
Single Attackers / Multiple Attackers	
Countering Attacks	13.2.13 – A
Defense against Edged Weapon Attacks	13.2.17
Firearm Disarming Techniques	13.215&16
Defensive Ground Techniques	13.2.13 - E

# **Introduction**

Students will be introduced to the instructors who will be participating in the Defensive Tactics portion of the Training Academy.

Refer to Power Point document A-intro.ppt

### **Officers Variable Force Options (Continuum)** 13.2.25

This section is commonly referred to as the Officers Force Continuum. The recruit will be instructed on their use of force options, when such force will be acceptable and how to escalate and de-escalate from any level of force safely.

- Rhode Island State Law Title 12, Chapter 7, Paragraph 9
- Tennessee v. Garner, 471 U.S 105 S Ct. (1985)
- Department General Order on Use of Force
- Body Alarm Reactions
- Color Codes of Danger
- Principles of Personal Defense

Refer to Power Point document B-ForceCont.ppt

# **Suspects Variable Force Options (Continuum)**

This section is commonly referred to as the Suspects Force Continuum. The recruit will be instructed on possible attacks they may expect when encountering a suspect and how they can quickly de-escalate the attack.

Refer to Power Point document D-BehavePosit.ppt /

# **Use of Force / Considerations**

This section will explain the officers use of force and the measures that should be considered before using any / all levels of force.

Refer to Power Point document E-factors.ppt

# **Pressure Points**

The following will be covered in this block of instruction:

- The purpose for pressure points in police defensive tactics
- How to properly apply pressure to the pressure point(s)
- The definition / mechanics of pain compliance
- Reward System v. pain administration
- Pressure Points and the Officers Variable Force Options

Refer to Power Point document

# **Handcuffing**

13.2.3 thru 13.2.9

The following will be covered in this block of instruction:

- Nomenclature of the handcuffs
- Dangers of improper / no handcuffing
- Department Policy
- Proper carry of and loading of handcuffs
- General arrest procedures
- Positioning of self in relationship to subject / Positioning Subject
- Speed-cuffing
- Searching Patterns (on scene / detention area / strip searches)
- Takedown with and without handcuffs
- Escorting / Come-along / Transporting suspect(s)
- Un-cuffing suspects
- Multiple Officer Handcuffing
- Radial Palsy / Positional Asphyxia

Refer to Power Point document

# Empty Hand Strikes / Blocks / Kicks / Pare 13.2.10,11,13D

The following will be covered in this block of instruction:

- How to deliver a strike with minimal injury to officer
- Different types of strikes
- Reason for strikes / Kicks
- Target areas of the body

Refer to

#### <u>Baton</u>

13.2.18 - 21

The following will be covered in this block of instruction:

- Proper carry of the Baton / ASP
- Tactical uses of the Baton strikes, blocks, pare', takedowns
- Target areas of the body
- Recruits proficiency in the proper use of the baton

Refer to

# **Oleoresin Capsicum Spray**

The following will be covered in this block of instruction:

- Proper carry of the OC
- Tactical uses of the OC
- When to and not to deliver OC
- Hazards of OC for suspect and/or officer
- Transporting / Securing / Monitoring
- Decontamination of suspect / area

Refer to

#### **Suspect Searches**

The following will be covered in this block of instruction:

- What constitutes a search of a suspect .
- Different types of searches
- Procedures for each type of search
- Dangers of poor, improper searches
- Dangers of performing searches ٠

Refer to: G.O. 330.03 / CALEA 1.2.4 G.O. 390.03 / CALEA 1.2.8

#### **Countering Attacks**

The following will be covered in this block of instruction:

- Joint Locks / Manipulation
- Body Weight v. Strength ٠
- Using Momentum both Offensively & Defensively
- Pain Compliance / Reward System
- Fighting to Win v. Fighting to Survive
- Defensive Movements against unarmed strikes (lateral, horizontal, straight)
- Single Attacker / Multiple Attackers •
- Handgun Retention

#### **Defense against Edged Weapon Attacks** 13.2.17

The following will be covered in this block of instruction:

- Describe edge weapons
- Manners of attack using an edge weapon
- 21 foot rule (theory)
- **Decision making on Deadly Force Options** •
- **Empty Hand Defensive Techniques** .

13.2.1 - 13.2.2

13.2.13 – A

# **Firearm Disarming Techniques**

The following will be covered in this block of instruction:

- Don't Allow the Grab / Movement
- Safe Zone regarding firearms / Barrels
- Defensive Technique for grabbing of the sidearm
- Defensive Technique when sidearm breaks leather
- Defensive Technique when sidearm is presented
- Defensive Technique when sidearm is pointed:
  - o At Head front, side, back
  - o At Chest
  - o At Back

# **Defensive Ground Techniques**

13.2.13 - E

The following will be covered in this block of instruction:

- Prevention from being taken to the ground
- Safe Falling
- Defensive Kicks from Ground / Performing / Target
- Sidearm / Head Protection
- Multiple Attackers
- Being Mounted / Arms Free / Arms Not Free
- Strikes Available
- Arm locks / Joint Manipulation
- Surviving Chokes